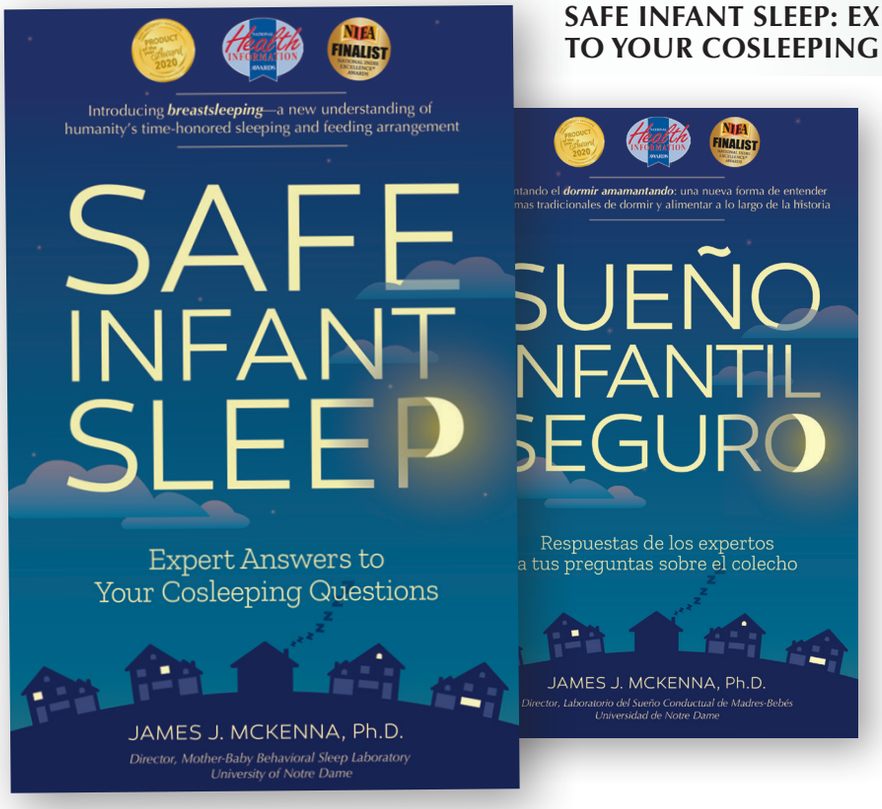
Platypus Media

2026 CATALOG

PLATYPUS MEDIA BOOKS FOR PARENTS



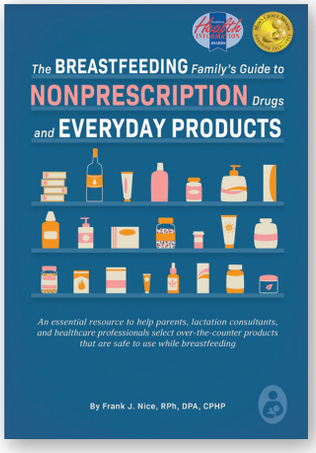
SAFE INFANT SLEEP: EXPERT ANSWERS TO YOUR COSLEEPING QUESTIONS

EN ES

Mother-baby sleep expert James J. McKenna, Ph.D., created this definitive cosleeping resource for parents and health professionals alike. The book explores the science, history, benefits, variations, controversial aspects, and safety guidelines of cosleeping practices—including roomsharing, bedsharing, and everything in between.

288 pages (Spanish 304 pages) • 5.5 × 8.5”
Paperback (PB): $14.95 • eBook: $13.99 • Audiobook available
English ISBN: 978-1-930775-76-3 • Spanish ISBN: 978-1-930775-68-8 eBook ISBN: 978-1-930775-77-0





THE BREASTFEEDING FAMILY'S GUIDE TO NONPRESCRIPTION DRUGS & EVERYDAY PRODUCTS

This book is a must-have reference guide for breastfeeding parents, lactation consultants, and family healthcare providers. Pharmacist Dr. Frank J. Nice provides clear guidelines to help breastfeeding families make safe product choices, covering over 1,700 nonprescription drugs and active ingredients; cosmetic, herbal, and dietary products; and social drugs like caffeine and alcohol.

224 pages • 7 × 10” • Paperback (PB): $24.95 • PB ISBN: 978-1-951995-10-2
eBook: $18.99 • eBook ISBN: 978-1-951995-11-9

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BREASTFEEDING FACTS FOR FATHERS (ABRIDGED EDITION)

EN ES

Men have a crucial role to play in encouraging their partners to breastfeed and in helping to create a culture in which breastfeeding women are visible, accepted, and valued. An entertaining quick reference guide for new fathers, and a great hand-out for expectant families.

16-page booklet • Full-color • 5.5 × 8.5" • $2.95
English ISBN: 978-1-930775-51-0 • Spanish ISBN: 978-1930775-54-1
Also available: 40-pg unabridged gift edition • $7.95 • ISBN: 978-1-930775-49-7



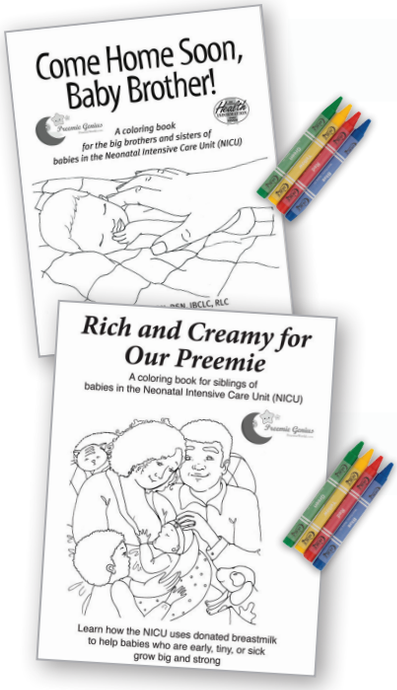
GROW A HEALTHY BABY & KEEP A HEALTHY BABY

EN ES

From early prenatal care to those crucial first months of life with a newborn, this accurate, accessible booklet is filled with tips for keeping your baby happy and healthy—both in and out of the womb.

12 pages • Full-color • 5.5 × 8.5" • $2.95 • English ISBN: 978-1-930775-59-6 • Spanish ISBN: 978-1-930775-60-2

NICU SIBLING SUPPORT COLORING BOOKS



COME HOME SOON, BABY BROTHER / SISTER!

EN ES

These sweet and educational 16-page coloring books help older siblings understand the Neonatal Intensive Care Unit (NICU), a special place where professionals care for newborn babies and work to make them healthy and strong. Playful and informative, they guide children through what to expect in the NICU and how they can be a supportive big brother or sister.

8.5 × 11" • $2.95 • **Purchase in a resealable bag with crayon set for $0.25 more**
Come Home Soon, Baby Sister! ISBN: 978-1-930775-39-8 / *¡Ven a casa pronto, hermanita!* ISBN: 978-1-930775-55-8
Come Home Soon, Baby Brother! ISBN: 978-1-930775-26-8 / *¡Ven a casa pronto, hermanito!* ISBN: 978-1-930775-41-1

RICH AND CREAMY FOR OUR PREEMIE

EN ES

For parents and siblings of NICU babies, this 24-page coloring book shows how the NICU and local milk banks support breastfeeding and work to help the new baby grow healthy and strong.

8.5 × 11" • $2.95 • **Purchase in a resealable bag with crayon set for $0.25 more**
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